

What I Have

When I look at all the things others seem to have
I feel discouraged – it's getting me down.

When I wonder, "Can't I have their life, their job or their house,
Their money, their fate, their renown?"

When the way I'm living seems far from ideal
I need to take a different look – and change the way I feel.

**When I count – things I don't have
I need to stop.
So I can count – the things I have
Cause what I have –
Is a lot.**

When I'm seeing so much pain in the world
I feel discouraged – it's getting me down.

When I stand and wonder "Why is life unfair?
There is so much suffering around."

When the way this world is going seems far from ideal
I need to take a different look – and change the way I feel.

**When I count – things I don't have
I need to stop.
So I can count – the things I have
Cause what I have –
Is a lot.**

I have sunlight in the morning – sometimes rain.
I have love when I need it – and sometimes pain.
I have food when I'm hungry – sometimes I eat too much.
I have you to get me through this day – I smile – and I touch –

**When I don't count – things I don't have
When I stop.
So I can count – the things I have
Cause what I have –
Is a lot.**

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